Curriculum on Primary Care Danbury Hospital Internal Medicine Residency Program

Faculty Representative: Simon O'Regan MD

Faculty Authors: Simon O'Regan MD and Dino Messina MD PhD

Resident Representaive: A. Lungulescu, J. Periyapperuma

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A. Educational Purpose and Goals

- To give residents in the Department of Medicine at Danbury Hospital an opportunity to rotate in an office based primary care setting. This opportunity provides residents with alternative to the resident's continuity clinic experience. The goal would be to develop a knowledgeable, compassionate and professional resident physician who will be well versed in private practice primary care issues.
- You will be seeing patients every 20 minutes with the preceptor from 10am-12noon and 2pm-4pm.
- Formulating an approach to common conditions such as fatigue, back pain, dizziness, chest pain, weight loss, shortness of breath will be emphasized.
- You should be proficient in the management of chronic medical conditions such as hypertension, diabetes, COPD and coronary artery disease.
- Fundamentals of screening for various diseases and knowledge of age specific recommendations for preventative health will be reviewed.
- You should be able to provide an efficient, thorough physical exam by addressing all of the organ systems in a systematic way.
- You will observe multiple office procedures including laceration repair, skin biopsies, I&D of multiple abscesses, wedge excision of toe nails.

B. Teaching Methods

Residents will be see patients with the preceptor. They will be involved in taking a detailed history, performing a detailed physical examination and gathering pertinent lab information. This will allow them to formulate a differential diagnosis and a treatment plan. Particular attention to an approach to common symptoms in the outpatient arena will be stressed.

C. Educational Content

1. Mix of Diseases

There will be a variety of primary care topics including but not limited to the following: diabetes, hypertension, coronary artery disease, hyperlipidemia, asthma, COPD, dizziness, URI's, lower back pain, shoulder pain, headaches, preventative medicine including immunizations and physical examination of adults and adolescence, thyroid disease, skin

rashes, primary care ophthalmology, depression, insomnia, infectious disease, (including Lyme's disease), alcoholism, anxiety, depression, men's health (prostate issues and ED), women's health (menopause and osteoporosis).

2. Patient characteristics

The patients seen at RPC range from birth to geriatrics. Many live in the surrounding towns of Ridgefield, Redding, Wilton, Bethel, Danbury and the North and South Salem. Typically, patients from these towns tend to be from middle or upper class socioeconomic backgrounds and many are insured.

3. Types of clinical encounters

Residents should expect to see patients seeking care for general medical care issues listed above in section C, number 1. In addition patients will be seen for physicals and preoperative assessment.

4. Procedures and services

RPC provide general primary care services for patients including on site laboratory testing (U/A, CBC, mono, rapid strep throat cultures, EKG, PFT's) and radiology is available to our patients. IV access for medication and rehydration, immunizations, laceration repair, I&D of abscesses, arthocentesis, and skin biopsies are also provided.

5. Reading lists, other educational resources

Primary Care Online: Horblit Health Sciences Library, Danbury Hospital Up To Date Online

Approach to Primary Care, Lipincott

John Hopkins Online Ambulatory Care Curriculum, available through the Danbury Hospital Intranet

D. Method of Evaluation of Resident Competence

1. Resident and Faculty Performance

At the end of the rotation the resident will be given feedback from the preceptor in the form of an evaluation document provided on Evalue. This evaluation will be incorporated into your biannual performance review. In turn the resident will evaluate the rotation. These evaluations will be discussed during the House staff evaluation committee'e annual curriculum meeting.

E. Rotation Specific Competency Objectives

Please refer to the Core Curriculum for the expected General Medicine Curriculum core compentecy objectives. In addition rotation specific guidelines are given below:

1. Patient Care

- Be able to perform a thorough and accurate physical exam on patients with common medical problems.
- Be able to initiate a correct management plan for common medical problems.
- Be able to interpret results of diagnostic tests and procedures properly.
- Demonstrate the ability to devote an appropriate amount of time to diagnostic reasoning and treatment in the primary care setting as related to the complexity of the problem (s).

2. Medical Knowledge

- Complete all assigned John Hopkins Ambulatory Curriculum modules.
- Demonstrate knowledge of epidemiology and social and behavioral science and be able to apply that knowledge to the care of the primary care patient.
- Regularly display self-initiative to stay current with new medical knowledge.

3. <u>Interpersonal and Communication Skills</u>

• Refer to the core curriculum

4. <u>Professionalism</u>

• Refer to the core curriculum

5. Practice Based Learning

- Learn to deal quickly and efficiently with commonly encountered ambulatory care problems
- Learn to prioritize problem lists and make appropriate follow up for items that can not be addressed that day

6. Systems Based Practice

- Learn to work with the nursing staff to coordinate care of common primary care issues
- Learn to work with various insurance plans to provide for cost effective and evidence based care
- Learn to work with local pharmacies and insurance formularies to ensure proper pharmaceutical care and affordibility