

Patient Education Sheet

"Upper Endoscopy", EGD, ERCP, ENDOSCOPIC ULTRASOUND Procedures

This procedure allows your Endoscopy Doctor to use a scope to see your upper gastrointestinal tract, that is your esophagus, stomach and small bowel. Specialized procedures may also include visualization with X Ray or Ultrasound scopes

To prepare, you will be asked to partially undress and put on a hospital gown. An intravenous will be started in your arm. The medicine you get through your arm allows you to be asleep for the procedure.

EMMI PROGRAM: This is an educational internet program describing your procedure. We highly recommend your seeing it. You will receive instructions on accessing it online when you schedule your procedure.

AT LEAST ONE WEEK PRIOR:

Special instructions: Patients taking a blood thinner such as Coumadin or plavix, must contact the doctor who has ordered it. This doctor will decide whether you should stop the medication before your procedure .

Diabetic patients taking insulin must check with their diabetes doctor regarding dosage before the procedure

FOR ERCP PATIENTS ONLY

There is a possibility that you will have to stay overnight in the hospital after your ERCP. Your Doctor will discuss this with you.

Day of procedure:

1) No solid food the day of the procedure.

No dairy products allowed 6 hours prior to procedure. No gum or candy.

2) Clear liquid up to **2** hours before arriving for your procedure.

3) You may take blood pressure medications with a sip of water 2 hours before the procedure.

CLEAR LIQUIDS ONLY: water, apple, white cranberry, white grape juice, Gatorade, popsicles, jell-o, Italian ice, black coffee, black tea, soft drinks

Please bring an updated list of medications to with you.

Please have a responsible adult (18 years or older) accompany you home. This person will be advised to remain in the waiting room during your procedure.