

Patient Education Sheet

WHAT TO EXPECT ONCE YOU ARRIVE AT THE ENDOSCOPY SUITE

You will register at the front desk:

- Please bring a photo id and your insurance card with you. You will sign a HIPPA (privacy act) form.
 Connecticut law requires us to ask about a living will. If you have a living will, you may bring it with you.
- Every effort will be made to keep your appointment at the scheduled time, but in medicine, delays and emergencies sometimes occur and your waiting time may be longer. We give each patient the attention needed for his or her procedure.

When you enter the Endoscopy suite:

- You will be interviewed by a nurse and an anesthesiologist. Often questions are repeated. Bring an updated list of medications.
- If you use an inhaler, please bring it with you.
- You will need to change into a gown and a nurse will place an intravenous (IV) line into your arm/hand. Women under age 50 will have a urine pregnancy test done. Diabetics will have blood sugar checked.
- You will stay in the preprocedure area until the procedure room is ready for you. All your personal items will be put into a bag which will

- remain with you throughout your stay. You may read or chat with a friend. You may use your cell phone if desired.
- You will meet with your gastroenterologist before the procedure who can answer your questions. Your doctor will then have you sign the consent.

When you enter the Procedure Room:

- Monitoring devices will be attached and oxygen will be delivered through a tube in your nose. You will be asked to lay on your left side for the procedure.
- You will be asleep for the procedure.
 The anesthesia team will be continually monitoring your care.
- When the procedure is complete, medication will be discontinued and you will wake up in a few minutes. You may still feel groggy/sleepy at this time. You will be wheeled to the recovery area where you are required to stay for a minimum of 30 minutes. During this time, a registered nurse will assess your condition and monitor your blood pressure and alertness.
- The physician will speak to you shortly after your procedure. <u>Due to</u> the medications that are used, you

may not remember this conversation.

It is helpful to have a family member or driver with you during recovery to recall what the doctor said.

At discharge:

- Discharge instructions will be reviewed with you by the nurse. After you dress, your driver will bring the car to the entrance.
- If biopsies are taken, you will be called with the results within 10 days.