

## **2019 Danbury Hospital Bariatric Surgery Support Group Schedule**

### **Wednesday, January 9<sup>th</sup>**

- 6:00 pm: Robilotti Center
  - Let's Talk Nutrition w. Mikelanne Phaneuf, RD

### **Thursday, February 7<sup>th</sup>**

- 2:30 pm: Robilotti Center                      Host: Andy Tucker, PhD
  - Relapse Prevention: Stay the Course

### **Wednesday, February 13<sup>th</sup>**

- 6:00 pm: Robilotti Center                      Host: Emily Fritz, LCSW
  - Relapse Prevention: Stay the Course

### **Wednesday, March 13<sup>th</sup>**

- 6:00 pm: Robilotti Center                      Host: Mikelanne Phaneuf, RD
  - Support your Support: Bring Your Support Person(s) Night

### **Thursday, April 4<sup>th</sup>**

- 2:30 pm: Robilotti Center                      Host: Andy Tucker, PhD
  - Look how far we've come

### **Wednesday, April 10<sup>th</sup>**

- 6:00 pm: Creasy Auditorium                      Host: Emily Fritz, LCSW
  - Let's Talk Coping Skills

### **Wednesday, May 8<sup>th</sup>**

- 6:00 pm: Robilotti Center                      Host: Mikelanne Phaneuf, RD
  - Plastic Surgery w. Dr. Brucato

### **Thursday, June 6<sup>th</sup>**

- 2:30 pm: Robilotti Center                      Host: Andy Tucker, PhD
  - Head Hunger / Self-Sabotage: Psychology behind our behaviors

### **Wednesday, June 12<sup>th</sup>**

- 6:00 pm: Robilotti Center                      Host: Emily Fritz, LCSW
  - Look how far we've come

**\*\* Topics subject to change – please log into: [www.danburyhospital.org](http://www.danburyhospital.org) to confirm**