

## FAQ:

Q: How long does it take to get through the pre-surgery portion of the program and have surgery?

A: Pre-surgery work-up will vary based on your current medical conditions and insurance requirements. Insurance companies may require up to 6 monthly visits with the Dietitian prior to authorizing your surgery. Please check with your insurance carrier for the specific criteria based on your plan. It may take up to 7 months from the Meet and Greet to surgery date.

Q: How long must I wait to get pregnant after I have Bariatric Surgery?

A: We strongly encourage our patients to wait a minimum of 18-24 months after surgery to conceive.

Q: I just had a baby, when may I have bariatric surgery?

A: First, congratulations!! You may enter the program at 9 months post-partum and surgery must be at least 12 months after your delivery date.

Q: When do I know if my surgery is approved?

A: Your case will be submitted to your insurance after your surgeon's consult and all pre-surgery criteria have been completed. It is necessary for all clinical information to be presented together. It may take up to 2-4 weeks for your insurance company to review your case and render a decision on surgery authorization. You will be notified once your surgery has been approved.

Q: What if my insurance company denies my surgery?

A: Although a rare occasion, there has been times when a surgery was denied by the insurance company. If a surgery is denied, we will be notified of the reason. In a situation where clinical information is missing, the requested information shall be sent and the case will be re-reviewed. In other cases, our surgeon will be requested to speak directly to the Insurance Company's Medical Director. The Physicians will review the denied case and examine your case more closely. Our goal is to overturn the denial.

Q: My insurance does not cover bariatric surgery, what would it cost to pay out of pocket?

A: Should your insurance not cover bariatric surgery and you meet the basic medical criteria for surgery, we offer self-pay packages. Please contact our Financial Clearance Department at 203.739.4717 for more details.

Q: How much weight will I lose?

A: Weight loss after surgery depends on many factors. However, on average, a patient can expect to lose about 55-70% of their excess body weight after Gastric Bypass and Sleeve Gastrectomy.

Q: What will I do with the excess skin after my surgery?

A: At one year after surgery, if your physician feels it is appropriate, you will be referred to a plastic surgeon to discuss surgery to remove the excess skin.